

QUEEN OF APOSTLES CATHOLIC CHURCH

4401 Sano Street, Alexandria, VA 22312 (703) 354-8711 www.queenofapostles.org

First Sunday in Lent - March 1, 2020



CLERGY

Fr. Juan Espino, DCJM, Pastor
Fr. Javier O'Connor, DCJM, Parochial Vicar
Fr. Jaime de Cendra, DCJM, Parochial Vicar
Fr. Ignacio de Ribera, DCJM, In Residence
Deacon Richard C. Caporiccio

MASS SCHEDULE

Saturday: 8:00 am; Vigil: 5:00 pm, 7:00 pm (*in Spanish*)
Sunday: 7:30 am, 9:00 am, 10:30 am,
12 Noon, 2:00 pm (*Ghana Community*)
Monday-Friday: 6:30 am (*except Federal Holidays*),
9:00 am

HOLY HOUR SCHEDULE

Thursday: 7:30-8:30 pm

CONFESSION SCHEDULE

Monday-Friday: 7:00-7:30 am
Wednesday: 6:30 pm until last penitent
Thursday: 7:30-8:30 pm during Holy Hour
Saturday: 4:00-5:00 pm and 6:00-7:00 pm
Sunday: 8:30-9:00 am and 10:00-10:30 am

EUCHARISTIC ADORATION

Monday 7 am through Saturday 7:45 am



QUEEN OF APOSTLES CATHOLIC SCHOOL

FAITH, EXCELLENCE, JOY

4409 Sano Street
Alexandria, VA 22312
www.queenofapostlesschool.org
School Office Hours:
Mon-Thurs, 8:00 am – 3:15 pm
Friday, 8:00 am – 2:15 pm

STAFF

Anne Arias, Principal
Maria Fox, Secretary
Fr. Jaime de Cendra, DCJM,
School Chaplain
Phone: (703) 354-0714



Please take time to visit our school! If you would like to request a tour, please contact the school office or visit our website for more information.

Est. 1966



Queen of Apostles Vision Statement

To be a family of families committed to growing in discipleship of Christ and eager to invite others to join our family.

Joining Our Parish Family

Welcome to Queen of Apostles! We warmly invite you to join our parish family. So that you might receive all of our parish communications, and so that our clergy and staff may respond appropriately to your various sacramental needs, we encourage you to register at Queen of Apostles through the Parish Office. Parish registration forms are available in the Church vestibule and at the Parish Office, located at 4329 Sano Street (next to the church). Please notify the Parish Office of any family status changes or if you have moved outside of the parish by calling (703) 354-8711, or e-mailing general@queenofapostles.org

Mary, Queen of Apostles, Pray for us!

Religious Education Thank you to the parish Women's Group for hosting breakfast for our 20 catechists, aides, and volunteers on **Feb 23!** We appreciate your hospitality and fellowship.

Congratulations to our 40 Religious Education students who experienced Christ's healing by making his/her First Confession on **Feb 29!** We encourage families to go to Confession monthly. The example of parents, grandparents, and godparents celebrating the Sacrament of Reconciliation in joy and with meaning teaches the child to appreciate this opportunity to seek God's loving forgiveness.

School students in grade 2 will make First Confession on **Mon, Mar 2** at 10:30am. Please pray for these students as they draw closer to the Lord through this Sacrament.

Religious Education parents with baptized students in grade 2 and above, who have attended 2+ years of Religious Education, and made First Confession have a meeting with the priest on **Mar 8** at 9am (English) and 9:30am (Spanish) during RE class time at QofA School.

The rehearsal for the Sacrament of Confirmation is **Mon, Apr 27** at 6:30pm in the church. Desiring students and his/her sponsor are to attend this mandatory rehearsal.

Unbaptized students and his/her godparents/sponsors are to attend the Rite of Election on **Sunday, Mar 1** at 2:30pm at the Cathedral of St. Thomas More Cathedral. Please arrive at the Cathedral by 1:45pm.

Thank You for your generous contribution to the Poor Box. This weekend's collection will go toward **Parish Needs**. Next weekend's collection will go toward the **ACCA and Missionaries of Charity**.

The Light Is On has become a tradition in our Diocese for parishes to offer the Sacrament of Penance on Wednesday evenings during Lent, **Mar 4, 11, 18, 25, and April 1**, 6:30-8pm. Queen of Apostles offers Confession every Wednesday at 6:30pm and will extend our hours as part of the The Light is On for You program. We welcome especially those who are returning to the Sacrament of Penance after a long absence. Confession resources are available at www.thelightison.org/resources



RCIA All RCIA students, catechumens (unbaptized) and candidates (baptized), and sponsors are to attend the Rite of Election and the Rite of Continuing Conversion on **Sunday, Mar 1** at 2:30pm at the Cathedral of St. Thomas More Cathedral (3901 Cathedral Lane, Arlington, VA). Please meet at the Cathedral by 1:45pm. Please carpool because parking at the Cathedral is limited. QofA will have assigned seating. This is not a Mass so please attend Mass earlier in the day. Following this Rite, our 10 catechumens will be known at The Elect.

Scrutinies for The Elect are **Mar 15, 22, 29** during the 10:30am Mass (English) or 7pm Mass (Spanish). The unbaptized and godparents are to attend and sit in the first pew by the Presider's Chair.

Annual Car Raffle Be on the look out for your All Saints 5-car Raffle Tickets. One \$5.00 ticket offers the purchaser a chance to win all five vehicles plus \$20,000 in cash prizes. The raffle continues to benefit our parish and many other charitable causes throughout the diocese, as it has in the past. We hope that you will support our efforts by buying or selling your tickets. Please return any unused tickets to All Saints as soon as possible.

Stations of the Cross Pray the Stations of the Cross on Fridays during Lent, **Feb 28 - Apr 3, 2020**, 7-8pm in the church.

Bulletin Deadlines The deadline for the **Mar. 8** bulletin is **Mar. 2**. Please email general@queenofapostles.org with any announcements.

School Spaghetti Dinner & Bingo will be on Saturday, **Mar 7** in Hannan Hall from 6-8 pm. Tickets are \$10 for adults and \$5 for children 12 and under. \$35 family max. For more info, contact Neal McCluskey at nmccluskey@hotmail.com

Have you ever considered putting Queen of Apostles in your will or estate? Please contact Flora Wack (f.wack@queenofapostles.org or 703-354-8711) at the Parish Office for more information.



Pastor's Letter

Our parish family has been preparing well for this grace-filled season of Lent. The Church invites us during this sacred time to practice prayer, fasting, and alms giving. Two weeks ago, our families came during the Holy Hour to again root their marriage and family in the heart of Christ, fount of all life. Last week on Thursday, almost 100 parishioners came again to spend an hour with the Blessed Sacrament. They united in prayer under three intentions: the holiness of our priests and reparation for their sins, the dignity and sanctity of marriage, and the end of violence. The Spirit continues to do great things in the Church and especially here at Queen of Apostles. This Lent, may He move our hearts to seek the Lord in prayer and may he teach us how to pray.

On Sunday, following one of the Masses, a parishioner came to me and said: "Father, I thought I was not going to be able to fast last Thursday, but I did. I didn't even have coffee and I felt great." We are never outdone in generosity. Hopefully, this will serve as an encouragement to many of us. The Church asks us to fast on Ash Wednesday and on Good Friday and to abstain from meat every Friday of the year. However, perhaps some of us will want to fast these Fridays during Lent. As always, we do so offering it to the Lord for a particular intention. We could offer it for ourselves or for someone else.

Alms giving is aligned to Christian charity. We deprive ourselves of something, which helps us detach ourselves from things (money, time, etc.) to benefit someone else. This past Sunday, the Women's Group prepared a breakfast for our Religious Education catechists! Indeed, this was a great act of charity, whereby our parish family looks after one another and expresses our gratitude for their service to others. Certainly, this is a great way in which our parish family disposes itself to live these 40 days.

Speaking of Religious Education, last Saturday, Fr. Jaime led a retreat for 8th graders and high schoolers, many of whom are preparing for the Sacrament of Confirmation. It was staffed by great leaders, including school teachers, catechists, the youth ministry coordinator, and other parishioners. During Religious Education, we also held a meeting with the parents of those who will be receiving this sacrament. They were asked to make a commitment to say a prayer to the Holy Spirit every day for the confirmandi. Feel free to join us in doing this.

On their journey to the Sacrament of Communion, the 2nd graders at Queen of Apostles School and in Religious Education have prepared for and will be making their First Confession on Saturday, February 29. Certainly, it is a great way to prepare for the Sacrament of Communion, but also the perfect way to begin the Lenten season. We all recall the excitement and the nervousness we felt. In fact, after many years and many times of going to Confession, we sometimes still feel the nervousness and embarrassment. Unfortunately, we forget the excitement of knowing that God is ready to forgive us and that it is an opportunity for us to experience once more God's great love for us, his healing power. Be sure to make time to encounter Jesus in this sacrament this Lent. All the parishes in the Diocese of Arlington, including ours, will participate in The Light is On for You. All parishes will hold Confessions every Wednesday from 6:30 PM to 8:30 PM.

May the Lord help us this sacred season of Lent to again set our gaze on Him, and discover the mercy and the many riches of his Sacred Heart. .

~ Fr. Juan Espino, DCJM



SPAGHETTI DINNER & BINGO

March 7 | 6-8PM | Hannan Hall

\$10 Adults | \$5 Kids under 12

\$35 Families of 5 or more

**ALL-YOU-CAN-EAT
SPAGHETTI, SALAD, ROLLS,
BEVERAGES, DESSERT**

Takeout available. Children must be accompanied by an adult. For more information, contact Neal McCluskey (nmcccluskey@hotmail.com).

This Week In Our Parish

First Sunday of Lent– March 1:

Hannan Hall 8:30am-1:30pm Sunday Social/Book Sale
Hannan Hall 2:00-5:30pm Ghana Group
Adoration Chapel 6:00-8:00pm Prayer Group

Monday, March 2:

Hannan Hall 3:30-6:00pm Nazareth
Hannan Hall 7:00-9:00pm Young Adult Bible Study
Notre Dame/Parish Center 7:30-9:00pm RCIA

Tuesday, March 3:

Parish Center 10:00-11:30am Adult Bible Study
Hannan Hall 3:00-5:00pm Children's Choir Practice
Parish Center 5:45-7:15pm Adult Bible Study
Hannan Hall 6:00-10:00pm Choir Practice

Wednesday, March 4:

Church 6:30-7:30pm Confessions
Parish Center 7:30-8:45pm Baptism Class (English)
Hannan Hall 7:00-9:00pm Ghana Prayer Group

Thursday, March 5:

Parish Center 6:30-8:00pm Legion of Mary
Church 7:30-8:30pm Holy Hour with Confession

Friday, March 6:

Adoration Chapel 3:00-4:00pm Divine Mercy Chaplet
School Gym 6:00-8:00pm Open Gym
Church 7:00-8:00pm Stations of the Cross

Saturday, March 7:

School 4:00-6:30 pm Spanish Prayer Group
Hannan Hall 6:00-8:00pm School Spaghetti Dinner
School 7:00-9:00 pm Ghana Choir Practice
Notre Dame 8:00-10:00 pm Emmaus


Spanish Holy Retreat at San Damiano

Quisiéramos compartir la experiencia vivida de este retiro en silencio con la experiencia espiritual donde pudimos comunicarnos con nuestro Dios, quien transformó nuestros corazones en el camino de la fe, dirigiéndonos a la Cuaresma.

Just in time for Lent, Queen of Apostles parishioners were blessed to have a Holy Retreat in Spanish on Feb 14th-16th at San Damiano Spiritual Life Center with Fr. Javier O'Connor, DCJM. The guided experience of the Ignatian Spiritual Exercises, through the inspiration of the Holy Spirit, fostered spiritual encouragement, an encounter with God and transformation of one's heart through recollection and contemplation in the silence of prayers.




QUEEN OF APOSTLES CATHOLIC SCHOOL
FAITH EXCELLENCE JOY



Teacher Spotlight

Mrs. Audrey Kasenge



Favorite book and reason: The Circle Series by Ted Dekker. The concept of the book is fascinating: a world where spiritual realities become visible.

Life goal: To be a saint and to bring all my family and friends with me. **Favorite saint and reason:** St. Gianna Molla because, as a normal wife and mother, she is highly relatable.

Favorite pastime: Watching movies.

Reason I love Q of A: It's my family and my second home. It's where I have met my closest friends, my daughter's godparents, my spiritual director. It is where I entrust my children to be educated and formed by people I know and trust.

Lenten Fish Fry Knights of Columbus will host fish fry dinners on **Mar 20** and **Apr 3** in Hannan Hall. Join the parish family for dinner and then pray the Stations of the Cross.



In a Sacramental Marriage? For couples not married in the church, our priests are willing to help you prepare for the Sacrament of Matrimony. Please call the parish office and set an appointment to meet with a priest.

Visit the Adoration Chapel during our hours of need! Our Chapel is open Mon. 7am -Sat. 8 am (midnight hours require a passcode for entry). Greatest hours of need include:



- * **Tues., 12-1 am, 1-2 am, Thurs., 12-1 am, 1-2 am, 2-3 am, 3-4 am** *Critical need for permanent adorers*
Contact Alexa Urban at (703) 241-1096 or moleski47@gmail.com for these hours of need
- * **Tues 3-4 pm; Wed 1-5 pm; Thurs 3-4 pm;**
Contact Rosalie Mainey at (703) 256-5765 or rosalieam@msn.com for these hours of need

Nourishing Our Souls With Holy Scripture

Readings for Next Week

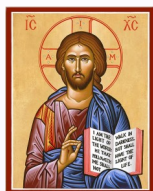
Second Sunday of Lent

GN 12:1-4A

PS 33:4-5, 18-19, 20, 22

2 TIM 1:8B-10

MT 17:1-9



Vocations

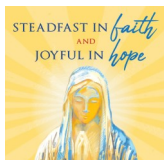
"Jesus was led by the Holy Spirit into the desert for forty days of prayer and fasting. Are you open to being led by the Holy Spirit into the state in life God has prepared for you? If you are considering a vocation to the priesthood or consecrated life, call Father Michael Isenberg (703) 841-2514, or write: michael.isenberg@arlingtondiocese.org

First Sunday of Lent That prayer, penance and almsgiving will dispose more men and women to follow the Holy Spirit as He leads them to discover their vocations in Christ, we pray to the Lord.

Vacation Bible School at Queen of Apostles Mark your calendars for the **July 13-17, 2020** Vacation Bible School!

Steadfast in Faith and Joyful in Hope

The Bishop's Lenten Appeal is critical to our diocesan needs and we are asking every household in our parish to support this appeal to the extent that they are able. The BLA funds many programs, services and ministries that serve people in need and furthers the Gospel mission of Jesus Christ in our diocese. Let us join together to do the Lord's work - works that touch the lives and souls of thousands of people. Thank you!



Annual Men's Conference All men are invited to the 2020 Annual Men's Conference- Noble and Bold: Taking a Cue from St. Joseph. Join us on Saturday, **March 7, 2020**, for the Men's Conference at St. Joseph Catholic Church in Herndon from 9 a.m.-2:30 p.m. Speakers include Father Roger Landry, Catholic columnist, author and papal attaché at the Permanent Observer Mission of the Holy See to the United Nations. Also, Dr. Mark Mziravalle, renowned mariologist, professor at the Franciscan University of Steubenville and author. Mass will be celebrated by the Most Rev. Michael F. Burbidge, Bishop of Arlington. To register, go to www.arlingtondiocese.org/men

Annual Women's Conference All women are invited to the 2020 Annual Women's Conference - Known and Loved From All Eternity. Join us on Saturday, **March 14, 2020**, for the annual Women's Conference at St. Joseph Catholic Church in Herndon from 9 a.m.-2:00 p.m. To register, go to www.arlingtondiocese.org/women

First Sunday of Lent

Masses this Week

First Sunday of Lent- March 1:

7:30 am +Shingnang Wu
9:00 am +Mr. Joseph E. Thach, Sr.
10:30 am Living and Deceased Parishioners
12:00 pm +Dean Richardson

Monday, March 2:

6:30 am +Elenita Bernabe
9:00 am +Mr. John De Costa

St. Katharine Drexel- Tuesday, March 3:

6:30 am (L) Fr. Ignacio de Ribera, DCJM
9:00 am +Gerald Fletcher

St. Casimir- Wednesday, March 4:

6:30 am +Helen Walker
9:00 am +Edwin de Silva

Thursday, March 5:

6:30 am +Dr. Antonio Alcasid
9:00 am +Marina De Souza

Friday, March 6:

6:30 am +Guillerma Piosang
9:00 am +Carmen Solis

Sts. Perpetua and Felicity- Saturday, March 7:

8:00 am +John and Jean Kakareka
5:00 pm +Xerxes Villanueva
7:00 pm +Maria Rosa Espitia

Second Sunday of Lent- March 8:

7:30 am +Dolores Perez
9:00 am +Christina Lynem
10:30 am Living and Deceased Parishioners
12:00 pm +Maria Hoi Ha and Peter Tao Nguyen

My sweetest Joy is to be in the presence of Jesus in the holy Sacrament... How I would miss Our Lord if He were to be away from me by His presence in the Blessed Sacrament!!
~St. Katharine Drexel



Please pray for the members of our parish who are ill

Jin C. Navarro, Leo Monteroso, Etelvina León-Duarte, Ginny Cook, Olivia Castillo Asnis, Maria Reyes, Anna Anderson, Michelle Jacobeen, Jean McDermott, Anne Kemble, Tesfa Haile, Virginia Shea, Joseph Lipari, Rosa María Santos, Carmelita Mate, Leonor Cabrestane, Roger Trozado, Jeanie Miller, Maddie Respicio-Cabatic, Helen Brooks, Charles Ferris, Dominic Blansett, Linda Intihar, Melencio Morales, Reyes Duran, Luong Bui, Nick Tullier, Rose Maalouf, Nicole Pack, Barbara J. Banis, Numa Osuna, Jr., Timmy Burnway, Kathleen Donohoe, Mark Bush, Margaret Peiffer, Rita Sulit, Jason Banis, Emma Collins, Juana Mejia, Lisa Nyce, Monique Brooks, Debby Spracht, Consuelo Jocson, Cheryl McGlynn, Theresa Corcoran, Cordelia Carcamo, Russ and Jill Amerling, Dorothy Norpel, Kathy Ippolito, Richard Esterlund, Margaret Fiore, Michael Robertson, Mr. and Mrs. Cervantes