# QOFA HIGH SCHOOL YOUTH GROUP

#### **OPEN GYM**

First Friday of the Month, 6:00 - 8:00 PM

Join us for sports activities in our school gym. Pizza to follow. Activity followed by prayer and/or a talk on how to live our faith.

#### **ADORATION**

Second Saturday of the Month, 7:30 – 9:30 PM

Spend an hour with the Lord. Prayer. Confessions. Fellowship and desserts in Hannan Hall precede Adoration.

## **APOSTOLIC PROJECT**

Third Saturday of the Month, 7:30 – 9:30 PM

Share the joy of the gospel. Projects include: life-size Nativity Scene for our parish, meals for the homeless, and more.

### **BIBLE STUDY**

Every Thursday, 6:30 – 7:45 PM (Sept. 2 – Dec. 17)

Study the Gospel according to Matthew. Pray with Scripture.

Open Gym (1* Friday)	Adoration (2™ Saturday)	Apostolic Projects (3ª Saturday)
September 4	September 12	September 19
October 2	October 10	October 17
November 6	November 14	November 21
December 4	December 12	December 19

Calendar of Activities

2015-2016 School Year

For more information: Susan Gray s.gray@queenofapostles.org 703-354-8711

